



Knox news

District 15 Happenings

New meeting

**Women's Open
Discussion**

Saturday, 8:30 am

**UU Church, Broadway,
Rockland**

Showing it Works!

October Anniversaries

Wayne G, 4 yrs

Brown Bag
Wednesday, Oct 8

Bob S, 18 yrs

Mountain View
Sunday, Oct 12

Donny J, 1 yr

Brown Bag
Wednesday, Oct 15

Trisha L, 5 yrs

Prayer & Meditation
Tuesday, Oct 28

Ruthie R, 30 yrs

Mark L, 20 yrs

Rick T, 20 yrs

Doug M, 1 yr

Warren/Cushing
Tuesday, Oct. 28

Deborah C. 14 yrs

Dot, 3 yrs

Tom L, 12 yrs

Maureen R, 1 yr

It's In the Book
Wednesday, Oct. 29
Potluck at 5:30

Freedom From Bondage

Carrying the Message Behind the Walls

To inform and inspire AA members about carrying the message in jail and prison, the eighth annual **Freedom From Bondage** conference will be held October 11 at the Camden Congregational Church on Free Street, concluding with a special guest speaker, Pat L. from Portland, who will share from his many years of carrying AA behind the walls and bars. Everyone *interested in* AA in prisons and jails is invited and encouraged to attend.

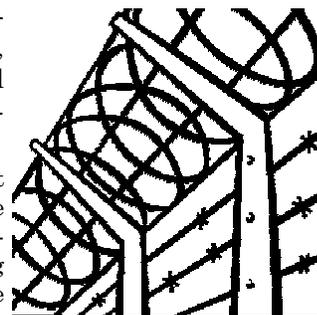
The daylong event will bring together AA volunteers, current inmates, former inmates, and corrections professionals, to share

their experience of carrying AA's message

behind the walls of correctional facilities in a series of panels and short presentations. There will also be ample time for conversations and sharing over lunch and dinner.

The program will begin at 9 am and the guest speaker will talk after dinner. Registration is \$20 if you want to have lunch and dinner. Registration will begin at 8 am.

This event is sponsored by the District 15 Corrections Committee. Mike C. is chairing the planning committee for the event. For more information and to volunteer to help, call Bob C. at 691-8788.



Will you have a voice?

Area Assembly to Discuss Money and Guidelines

Area 28 Fall Assembly will be held in Presque Isle the weekend of October 17. The assembly will begin with a speaker's meeting and workshops for GSRs and DCMs on Friday evening and continue through Sunday morning.

The main items to be voted on are: 1) the 2009 budget; 2) Increasing the area prudent reserve; 3) Roundup location for 2010; 4) Guidelines for the area Public Information committee; and 5) Guidelines for the Struggling District fund. Your GSR has details on all these items so that each group can discuss them and your GSR can represent your views at the Assembly.

In addition, there will be a roundtable discussion on the use of Inclusive Language in

(Continued on page 2)

Looking ahead

NERAASA in ME in February

Northeast Regional Alcoholics Anonymous Service Assembly will be in Portland the weekend of February 20-22, 2009. It's a weekend of panel presentations and floor discussions on issues affecting AA today and a great chance to meet people from the rest of the northeast—stretching to Maryland, Delaware, and Pennsylvania—and to meet the people from the general service office in New York. All AA members are encouraged to attend.

In addition, attend Roundtable sharing sessions on ■ AA literature ■ general service representatives (GSR's) ■ district committee members (DCM's) ■ archives ■ cooperation with the professional community (CPC) ■ public information (PI) ■ correctional & treatment facilities (CTF) ■ newsletter ■ grapevine ■ various area and district officer positions (e.g. secretary and treasurer) ■ website ■ alternate & area delegates ■ treatment facilities ■ bridging the gap.

For more information visit www.neraasa.org or talk to your GSR who has more information.

Concept Ten

Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

District Meeting

Sunday, Oct. 13

5-6:30 pm

**GSR Roundtable and
committees, 4-5 pm**

**UU Church, Broadway,
Rockland**

Your Voice (Continued from page 1)

AA. (The use of the masculine pronouns—him, his, he—is not considered by some to be inclusive but rather exclusive). This is not an action item—no motions or votes are proposed—and is not part of the formal assembly. The discussion was proposed by District 3.

Groups may send their GSR either “informed” or “instructed.” “Instructed” means telling your GSR how to vote. “Informed” means giving your GSR your ideas, input, questions and inclination but allowing them to listen to new information and trusting them to represent your views. Following our traditions and concepts—the idea that GSRs are “trusted servants”—it is rare to instruct them and much more common to inform.

EVERY group has a vote and voice at the District level and at the Area assembly, but **only if your GSR is present to carry your voice and vote.**

Dist. 15 Contact List

- District Chair, Zach W, 975-6947
- Treasurer, Wendy M., 594-8269, macdougall2@aim.com
- Alt. Treasurer, Service Opportunity
- Secretary, Karen S. 701-1040
- Alt. Secretary, Eileen J. 590-6987, binki51@yahoo.com
- DCM I, Judy R, 596-1057
- DCM II, Lauren T, 354-7101; cell: 691-8226; tozier519@hotmail.com
- Archives, Service Opportunity
- Boomerang, Service Opportunity
- CSO Liaison, Service Opportunity
- Bridging the Gap, Mary C. 975-6948
- Corrections, Bob C., 691-8788, dil_lonsk@gmail.com
- Events, Lizzie D. 596-0028
- Grapevine, George C. 236-4598 gchap@gwi.net.
- Guidelines, Leland P, 594-8902, mysticknight1746@hotmail.com
- Hotline, Service Opportunity
- Literature, Doug M, 734-660-1469, doogs@tds.net
- Love & Service, Peter L, 542-1496, peter@growinme.com
- Meeting List, Service Opportunity
- PI/CPC, Service Opportunity
- Special Needs, Maureen R, 354-6491, artathlete@gmail.com
- Treatment, John P, 542-8398, jfparkman@gmail.com

Details coming soon

Potluck-Dancing
Fellowship**Outside Issues:
Tradition Ten**

No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues—particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.

- Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
- Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?
- What in AA history gave rise to our Tenth Tradition?
- Have I had a similar experience in my own AA life?
- What would AA be without this Tradition? Where would I be?
- Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
- How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

More questions: What does the word “implicate” mean?

Does it violate this tradition to wear a political button to a meeting? To wear a cross?

Does it violate this tradition to have both an AA sticker and a political or religious sticker on your car?

Does it violate this tradition to suggest a specific sectarian religious practice such as “getting on your knees?”

Step Ten

Continued to take personal inventory and when we were wrong promptly admitted it.

**Camden Friday
Speakers**

Oct 3, Robbie H
Oct 10, Sarah C.
Oct 17, Bolduc
Oct 24, Phil M
Oct 31, Leland P

Like A Tornado

Responding to requests for a list of local **Al-Anon meetings** for family and friends:

Monday, 7 pm, St. Thomas Episcopal, Green St, Thomaston

Tuesday, 7 pm, Catholic Church, 7 Union St, Camden

Thursday, 6:30 pm, Board Room, Rockland Library

Saturday, 10 am, Physicians Bldg, Pen Bay Hospital

Service Opportunities

District 15 still needs someone to do the Hotline, Cooperation with the Professional Community, Public Information, Meeting List, Archives, Boomerang and CSO Liaison.