



Knox news

District 15 Happenings

District Meeting

Sunday, Jan. 11

5-6:30 pm

GSR Roundtable and
committees, 4-5 pm

UU Church, Broadway,
Rockland

Showing it Works!

January Anniversaries

Bob R, 25 yrs

Luke S, 2yrs

Brown Bag

Monday, Jan 5

Signe G, 18 yrs

Road to Recovery

Wednesday, Jan 7

Mary Ellen, 25 yrs

Betsy P, 1 yr

Robin B, 22 yrs

Lynn T, 16 yrs

Attitude Adjustment

Friday, Jan 9

Robbie H, 26 yrs

Camden 12-Step

Monday, Jan 11

Terry R, 20 yrs

Road to Recovery

Wednesday, Jan 14

Sully R, 9 yrs

Brown Bag

Saturday, Jan 17

Rusty, 27 yrs

Sun Night Discussion

Sunday, Jan 25

George C, 4 yrs

Camden 12 Step

Monday, Jan 26

Susan S-R, 14 yrs

Safe Harbor

Tuesday, Jan 27

Potluck at 5:30

Bob C, 15 yrs

Deborah A, 1 yr

Ann T, 26 yrs

Dickie E, 3 yrs

It's In the Book

Wednesday, Jan 28

Potluck at 5:50

Bedrock of Our Fellowship

THE HOME GROUP

Experience has shown that for most AA members, a feeling of 'belonging' to a particular Group, often known as the member's 'Home Group', is important in maintaining sobriety through Alcoholics Anonymous.

In the early days of the Fellowship, the AA members met in the homes of fellow members to share their experience, strength and hope with one another. From such Home Groups they went on to help newcomers seeking sobriety through AA.

Thus the concept of the Home Group has grown to thousands of Groups through which the Home Group member helps others to recover from alcoholism. Through the years, the very essence of AA strength has remained with the traditional "AA Home Group". This is true especially where isolated alcoholics have found sobriety, Fellowship, service work and the true joy of good living through their own AA Group.

Foundations of AA

A discussion of the first
Tradition and Concept with Bob D,
former delegate from Stonington.

"The Steps show me how to love myself; the Traditions show me how to love others; and the Concepts show me how to love the world I live in."

Saturday, January 10,

9:45 to 11 am

Universalist Church on

Broadway in Rockland

Traditionally, many AA members through the years have found it important to belong to one Group which they call their Home Group. This is the Group where they accept responsibility and try to sustain friendships. And although all AA members are welcome at all Groups and feel at home at any of these meetings, the concept of the Home Group has still remained the strongest bond between the AA member and the Fellowship.

The Home Group concept affords the AA member the privilege and right to vote on issues which might affect AA as a whole and is the very ba-

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Group News

Camden Attitude Adjustment Group has moved its meetings to the John Street Methodist Church at 98 John St. (corner of John St. and Simonton Rd) in Camden. They will continue to hold meetings six mornings a week, Monday through Saturday, at 7 am. The group's attendance has outgrown the old space.

Dry Dock Group, Mondays in Thomaston, is now a Beginners meeting, focusing on the first three Steps.

Camden Friday night Speakers: Jan. 9, Deb C; Jan. 16, Bolduc; Jan. 23, Chick B; Jan 30, Mike F.

Camden 12-Step Group Wednesday meeting has changed to a **group science format**. This means that those attending will decide whether to have open discussion, focus on a topic, read literature, etc.

January 17

Corrections Get-Together

District 15 Corrections Committee will hold their 2nd "get-together" on Saturday, January 17 at St. Peter's Episcopal Church from 10:00 A.M. until noon. **Please mark your calendars and plan to attend.** It will be a great chance to give us a report card and to be sure your ideas and concerns are heard. Among the items to report- we expect to have available for distribution a contact list for volunteers at the Knox County Jail. You asked for it almost a year ago, 'bout time, eh? Coffee and refreshments will be provided, we look forward to seeing you. Bob C

Northeast Fellowship of the Spirit (NEFOTS)

March 6-8,

Holiday Inn by the Bay, Portland

This is the 10th annual Northeast Fellowship of the Spirit Conference to be held in Maine. This conference is committed to carrying the message of Recovery from alcoholism through the 12 Steps of Alcoholics Anonymous as outlined in the Big Book and is open to all who seek recovery. Panels of AA and Al-Anon members discuss each of the 12 Steps and there will be national AA and Al-Anon speakers.

Hotel reservations are always scarce and you are encouraged to make reservations early.

See flyers at your meeting or visit www.NEFOTS.org.

NERAASA in ME in February

Northeast Regional Alcoholics Anonymous Service Assembly will be in Portland the weekend of February 20-22, 2009. It's a weekend of panel presentations and floor discussions on issues affecting AA today and a great chance to meet people from the rest of the northeast—stretching to Maryland, Delaware, and Pennsylvania—and to meet the people from the general service office in New York. All AA members are encouraged to attend.

In addition, attend Roundtable sharing sessions on ■ AA literature ■ general service representatives (GSR's) ■ district committee members (DCM's) ■ archives ■ cooperation with the professional community (CPC) ■ public information (PI) ■ correctional & treatment facilities (CTF) ■ newsletter ■ grapevine ■ various area and district officer positions (e.g. secretary and treasurer) ■ website ■ alternate & area delegates ■ treatment facilities ■ bridging the gap.

For more information visit www.neraasa.org or talk to your GSR.

Home Group (Continued from page 1)

sis of our service structure. In **Concept One** Bill W writes **"The ultimate responsibility and final authority for World Services resides with the Group, rather than with the Trustees of the General Service Board or the General Service Office."**

Obviously, as with all Group Conscience matters, AA members have but one vote each, and this should be exercised through their Home Group.

One AA member states the following about her Home Group: "This is the Group where I accept responsibility for being informed and available. My Group cannot be in a contest designed for individuals, Group rivalry, or competition to see which Group is the biggest, or stays sober the longest, or which Group contributes the most service, or who is the most sought-after speaker."

"... part of my commitment is to show up at my Home Group meetings, greet newcomers at the door, and to be available to the newcomer - not only for them, but also for me. These Home Group members are the people who know me, who listen to me, and steer me straight when I am going off the beaten track. This Home Group cares about me, and thus I can care about the newcomers that come to my Group. When a newcomer walks in I want them to have the very best AA has to offer, just as I had.

"... if each of us stays active in our Home Group, emptying ashtrays, making coffee, rotating onto steering committees, opening and closing meeting places, taking the 12 Steps and practicing the 12 Traditions, our Home Group will not only survive, it will be there for days, months and years to come offering all of us the loving, joyful and free life that AA has to offer, not only to us, but to all who follow us in this life of giving."

Australian AA Service Manual
Section 2 *The AA Group*, pp 28-29

Tradition One

Our common welfare should come first; personal recovery depends upon A.A. unity.

Concept One

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

Dist. 15 Contact List

- District Chair, Zach W, 975-6947
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