



# Knox Knews

District 15 Happenings

**NEW**  
**Camden Women's meeting**, Fridays, 6pm,  
St. Thomas Episcopal Church, 33 Chestnut St.  
in Camden.

## Showing it Works! December Anniversaries

### Kevin K, 2 yrs

Brown Bag  
Monday, Dec. 4

### Steve R, 18 yrs

Brown Bag  
Tuesday, Dec. 5

### Adrian C, 1 yr

Cornerstone  
Thursday, Dec. 7

### Peter L, 9 yrs

Mountain View  
Sunday, Dec. 10

### Jean B, 6 yrs

Road to Recovery  
Wednesday, Dec. 13

### Susan S-R, 12 yrs

Safe Harbor  
Tuesday, Dec. 26  
Potluck at 5:30

### Rob G, 3 yrs

Prayer & Meditation  
Tuesday, Dec 26

### Gretchen B, 8 yrs

It's In the Book  
Wednesday, Dec. 27

### Austin M, 3 yrs

Cornerstone  
Thursday, Dec. 28

### Friday Night Camden Speakers Meeting

Dec. 1---Julie (Camden)  
Dec 8---Jim L. (Rockland)  
Dec 15---Bolduc Unit  
Dec 22---Paul (Union)  
Dec 29---TBA

# Alcathons

**Parents talking about** their children, children talking about their parents, celebrating and grieving, joining together for a family Thanksgiving at the Alcathon at Pen Bay this year. Filled gratitude and hope.

As one person put it, we have chosen our family and how we will celebrate this holiday. "When I stop feeling like an abandoned child," another said, "I know that this is my family—this is where I feel at home." Everyone nodded.

All day long, from before 7 in the morning when Leland began making omelets to after 7 in the evening when wonderful volunteers at the last meeting pitched in to clean, even getting a vacuum out of one of their cars, AAs from all around the district spoke of their gratitude.

Many brought food to share—ham, turkey & stuffing, pies, the whole works—to break bread with their sisters and brothers.

If our home is "the place where we find rest, peace, and comfort." many of us went home for Thanksgiving.

## The Christmas Alcathon

will be held on Christmas Day at the Pen Bay Physicians building. Meetings start at 7 am. and run until 7 pm., with 1/2 hour breaks in between.

It is fun, rewarding, and very special to be there to share Christmas with others in this Fellowship.

The Alcathon is also a wonderful

**Gratitude meeting,**  
**Christmas Eve, Pen Bay, Physicians**  
**Building, 8:15 to 10:00 pm**

opportunity to be of service to AA. It is always interesting to talk to newcomers

and visitors from away who find their way to the meetings. Attending a meeting or speaking is an active way of demonstrating gratitude to AA.

We need people to chair the meetings throughout the day. See someone who attends the district meetings if you are interested in helping out. We always need a few early birds to help set up at 6 am.!

Feel free to bring a dish to share for the buffet table. Coffee and tea are provided.

## The Looney Nooney and the Brown Bag Group

On October 1, 1990 Club Surrender, an AA recovery club in Rockland, was founded by Billy A. and Heidi H. The meeting formed in conjunction with the club was the "Brown Bag Group" and it was held in the basement of the old Rockland Elks- where the bar used to be. Club Surrender, due to some unfortunate circumstances, folded eventually and the building was sold. The Brown Bag then moved to the Tower Room at the Rec Center in Rockland.

Even before that, there had been a noon meeting in Rockland called the "Looney Nooney" meeting that met at the Rec Center. Eventually the Looney Nooney meeting folded after the Brown Bag meeting started at Club Surrender and later the Brown Bag ended up at the Rec center. Full circle. (from the archives with help from group members)

### Service

## Being the Hand of AA

Last month the Vinalhaven and the Union schools asked for presentations on AA to school classes. **The District did not have a Public Information Chair to ensure we met the commitment.** Luckily, Kevin and the CPC committee stepped up but we need a public information chair. **PLEASE step up and help** in this vital service.

The **Love and Service** Committee is responsible for ensuring that the District has Alcathons on Thanksgiving and Christmas and that we have service workshops. **We do not have a Love and Service Chair and committee.** We don't have someone to coordinate the next Alcathon and no committee to help them. This is NOT being responsible for ensuring that the hand of AA is always there. **Please step up and help** with this vital work.

**KnoxKnews** needs your help. We will be meeting **Sunday, December 10**, at 4 pm, just before the district meeting at the UU Church in Rockland. YOU are invited. This newsletter will not survive unless more people get involved.

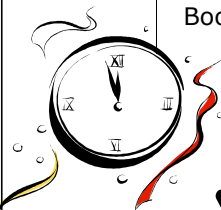
### Meeting Change

The Sunday night meeting at the Rockland UU church will be meeting at Pen Bay on Christmas Eve, just before the Gratitude meeting.

### Did you know?

In the 1980's and 90's there used to be a Women's meeting, Sisters of Sobriety, held on Monday nights and founded by Sue M.

November was designated "Gratitude Month" back in the 1940's, perhaps because Bill writes: "Near the end of that bleak November, I sat drinking in my kitchen. ... My musing was interrupted by the telephone. The cheery voice of an old school friend asked if he might come over. *He was sober.*" (Big Book, pp 8-9)



## New Year's Eve

The **Events Committee New Years Eve Dance, Buffet, Speaker Meeting, and Raffle** will be held on New Years Eve at the Owls Head Community Building. Buffet starts at 6, Speaker meeting at 8 (Bruce B. from Boothbay), Dance starts at 9.

Various items & services donated by AA members will be raffled off every 1/2 hour throughout the night. There will be really great prizes including lobsters, shrimp, knitted items, singing telegrams, massage and much, much more!

Dance and buffet tickets are \$5 and are on sale now and at the door. Raffle tickets are \$2 a piece and are also available before the event. You do not need to be present to win, but wouldn't it be fun!

(The Events Committee is a self-supporting committee of District 15 and gives monthly reports to the District meeting.)

**KnoxKnews** is published monthly by the District 15 ad hoc Newsletter Committee, Peter L, acting editor. Send information, ideas, suggestions and contributions to [editor@Knoxknews.org](mailto:editor@Knoxknews.org).